



The OACYC has an ongoing commitment to highlighting relevant resources and accessible professional development prospects for its members. As part of our continuous efforts to support you in your own personal and professional journey through the pandemic, the OACYC has collected and compiled a list of resources, online tools, professional development opportunities and websites that provide up to date information, digital resources and learning opportunities related to COVID-19 and virtual supports.

These resources have been shared broadly through use of our social media platforms and we are including them in this edition of the OACYC Chronicle, for your convenience and easy access. If you are using resources in your practice that you believe other CYCPs may benefit from, please share by emailing the resource or link to [office@oacyc.org](mailto:office@oacyc.org).

Name	Medium	Link
Bay Psychology- Tolerance for Uncertainty: A COVID-19 Workbook	Downloadable PDF	<a href="#">Workshops</a>
CAMH- Free self guided tutorials on mental health	Tutorial	<a href="#">Mental Health 101</a>
CAMH- Mental Health and the COVID19 Pandemic	Webinar	<a href="https://www.camh.ca/en/health-info/mental-health-and-covid-19">https://www.camh.ca/en/health-info/mental-health-and-covid-19</a>
CAMH- Talking to Children about COVID-19	Downloadable PDF	<a href="#">Talking to children about COVID-19 and its impact</a>
<a href="http://www.classcentral.com">ClassCentral.com</a> - Free online courses resource that has many different courses offered by international universities with certificates	Individualized Courses	<a href="http://www.classcentral.com">www.classcentral.com</a>
College of Psychologists of Ontario- Dr. Christine Korol - Online Therapy - Ethics and Best Practices updated for COVID19	Archived 3-part video series	<a href="#">Archive of Past Barbara Wand Seminars</a>
Coursera- I.e.; Resilience in Children Exposed to Trauma, Disaster and War: Global Perspectives, ADHD Everyday Strategies for Elementary Students, The Science of Well-Being and much more	Individualized Courses	<a href="http://www.coursera.org/">http://www.coursera.org/</a>

Name	Medium	Link
Crisis and Trauma Resource Institute- Free resources with certificates	Individualized Courses	<a href="#">Crisis and Trauma Resource Institute - Canada CTRI</a>
Dr. Megan Miller- Telehealth in ABA - Practical Applications	Pre-Recorded Webinar	<a href="https://zoom.us/rec/play/v5lpfu-prW83HlaV5gSDUPd-W9W8e_2s1iZMrvtEyR7gVXYHZAajN7lbY-XcGgSdGA5UNOTJjorgoi6t?continueMode=true&amp;x_zm_rtaid=A0SoT4uVReKzRPHKP26iNA.1585689436717.7d4074eb45bb12ec07e57c8d34b24ae8&amp;x_zm_rhtaid=775">https://zoom.us/rec/play/v5lpfu-prW83HlaV5gSDUPd-W9W8e_2s1iZMrvtEyR7gVXYHZAajN7lbY-XcGgSdGA5UNOTJjorgoi6t?continueMode=true&amp;x_zm_rtaid=A0SoT4uVReKzRPHKP26iNA.1585689436717.7d4074eb45bb12ec07e57c8d34b24ae8&amp;x_zm_rhtaid=775</a>
Government of Canada- Canada' COVID-19 Economic Response Plan Support for Canadians and Businesses	information	<a href="https://www.canada.ca/en/department-finance/news/2020/03/canadas-covid-19-economic-response-plan-support-for-canadians-and-businesses.html">https://www.canada.ca/en/department-finance/news/2020/03/canadas-covid-19-economic-response-plan-support-for-canadians-and-businesses.html</a>
Harvard University- Children's Protection: Children's rights in theory and practice	Individualized Course	<a href="#">Child Protection: Children's Rights in Theory and Practice</a>
Kids Help Phone- COVID-19 information, social distancing information	Online resources	<a href="https://kidshelpphone.ca/">https://kidshelpphone.ca/</a>
Kristin Bayley, Board Certified Behaviour Analyst- Making the Most out of Telehealth Sessions	YouTube presentation	<a href="https://www.youtube.com/watch?v=LEs1IbVhRjK&amp;feature=youtu.be&amp;fbclid=IwAR2SKHSa6HhesNHfyJiDRDuWHFewtOpHaKk6C8Wm9IWtfHzcbjFh700q-ul">https://www.youtube.com/watch?v=LEs1IbVhRjK&amp;feature=youtu.be&amp;fbclid=IwAR2SKHSa6HhesNHfyJiDRDuWHFewtOpHaKk6C8Wm9IWtfHzcbjFh700q-ul</a>
Leading Edge Seminar Inc.- Tips, Tricks, and Techniques for Online Therapy with Children	Webinar	<a href="https://bit.ly/2wFVGQV">https://bit.ly/2wFVGQV</a>
Mental Health America- Free webinars with COVID19, Mindfulness. - broken down into categories for who they would be supportive for (parents, professionals, veterans, etc)	Free Webinar	<a href="https://mhanational.org/covid19##WebinarsLiveEventsWorkshops">https://mhanational.org/covid19##WebinarsLiveEventsWorkshops</a>
OASW- Fundamental Ethical and Practical Considerations in Video Counselling	Upcoming Webinar	<a href="#">Register Now - OASW</a>
School Mental Health Ontario- Tips and resources to help to support student mental health during the COVID-19 pandemic		<a href="https://smho-smso.ca/covid-19">https://smho-smso.ca/covid-19</a>
Teletherapy Resources: The ULTIMATE Master List	Online resources	<a href="#">Teletherapy Resources: The ULTIMATE Master List</a>
Umind- Webinars on Children's Mental Health, Human Trafficking etc	Webinars	<a href="http://www.umind.ca">www.umind.ca</a>